

# KICHAKA EXPEDITIONS

## What to Pack



### Don't Leave Home Without It!

Ruaha is a tremendously isolated area so it is important to remember all the necessities before you arrive and prepare accordingly. There are no shopping malls nearby so the following list will be helpful in ensuring you don't forget anything. Unfortunately most of the airlines which fly to Ruaha will have a 15Kg only limit for checked luggage, with small items of hand luggage also allowed. A laundry service is available in camp which is relatively fast, weather permitting which should help reduce your loads significantly.



### SUGGESTED PACKING LIST

- ▶ **Jumper** - The nights, especially in the months from June-September, can be quite bitter and may drop as low as 5 degrees Centigrade, however the days warm up beautifully.
- ▶ **Shirts** - Long or short sleeves is totally up to you, whatever makes you comfortable. Perhaps bring at least one long sleeve for the nights as extra protection against mosquitoes.
- ▶ **Shorts/Trousers** - We will be trekking through scrubby bush in some areas so longs are advisable on walks, but certainly not mandatory. On the vehicles, shorts are recommended as the days can sometimes get quite hot. The longs will also give you added mosquito protection at night.
- ▶ **Shoes** - Please bring your most comfortable shoes for when on drives or lounging about the camp, open shoes are perfectly fine for this. For the walking however open shoes and sandals are not permitted. Please bring good hiking boots if you like, but tennis shoes or trainers are acceptable for the walking also. We also recommend you pack comfortable padded socks and treatments for blisters such as Compeed.
- ▶ **Hat** - Very important under the burning African sun
- ▶ **Rain Coats** - Rain coats are provided by us but you are welcome to bring your own too. Should you have expensive photographic equipment, please make sure you have a waterproof bag in case we get caught out in bad weather.
- ▶ **Accessories** - Sunglasses, Sunscreen & Insect Repellant, Camera, Lip Balm, Binoculars, Ruck Sack, Flashlight

**\*IT IS IMPORTANT TO NOTE:** For the game drives, clothing coloration does not matter so again, just wear what is comfortable. For walking however, to aid our chances of blending in, it is extremely important to wear bush or neutral colored clothing such as greens, browns and khaki colors. Red, White, Electric Blue, and other bright colors will not be permitted on walks.